

#### Regency Acres Public School Home of the Griffins April 2016

## From the Office of Ms. Leoni-Hello Regency Families

I hope everyone had an enjoyable March Break. The students returned back to school reenergized and focused.

I just wanted to take a moment to remind everyone about the importance of **reporting your child's absence and lateness to school**. If your child is <u>absent</u>, please contact the office by calling the school number to report it. You can leave a message. If your child <u>arrives late</u> to school they **must** report to the office. Parents, please do not escort your child to their classrooms.

On **April 20<sup>th</sup>**, Regency is organizing a school-wide **Physical Literacy Day**. Every student will have the chance to choose 2 electives for their one hour time block (either 10:30-11:30 or 1:30-2:30 session). There will be a wide range of electives such as: Karate, Zumba, Cricket, T-Ball, Pound Fitness, Oodles of Noodles, Relay Games, Line Dancing, Yoga, Soccer Clinic, Tae Kwon Do, Circus Arts, Running Clinic and more!

At the end of March, Girls Inc. began their lunch time program at our school for Gr. 5-8 girls (on Wednesdays for Gr. 5-6 & Thursdays for Gr. 7-8). This program is a drop-in lunch program open to all girls at Regency. So far, we've had great attendance rates. Girls Inc. focuses on girl empowerment. For information, visit: <a href="http://girlsincyork.org/about-us">http://girlsincyork.org/about-us</a>

From April 4-8, we have an artist in residence, Bareket Kezwer at our school. Bareket will be working with every classroom on grade-specific art which will then be taken home. This arts programming was possible with the support of School Council and fundraising efforts from our school community. Thank you.

Ranji Singh Foundation, a local charity, has received YRDSB's support for a Trillium Grant to pilot cricket in northern YRDSB schools. WE HAVE BEEN SELECTED as one of the school. This <u>free cricket pilot</u> aims to engage school communities (students/staff/parents/broader community) around the sport of cricket. Between April 11-13, every classroom will receive almost one hour of cricket instruction (then again in the fall, 2016). Note: On April 28<sup>th</sup>, a <u>TRAIN-THE-TRAINER</u> session will be available from 9:00-12:00. This training session is available to any community member, parent or student. Another training session will be offered in the fall and participants will receive a certificate of completion.

Lisa Leoni Prinicpal

#### **Lunch Assistants**

This is a paid position.

If you are interested and have an hour daily, please contact our office and ask for Norma or Judy at (905) 727-9811.

University/College students are welcome also.

Thanks

Parents are the ultimate role models for children.
Every word, movement and action has an effect.
No other person or outside force has a greater influence on a child than the parent.

- Bob Keeshan

Principal: Lisa Leoni

http:// www.regencyacres.ps.yrd sb.ca

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Trustee:

Peter Adams-Luchowski (416) 906-0937 Superintendent: Becky Green (905) 884-4477

A child's laugh could simply be one of the most beautiful sounds in the world.

| sophienlder.tumblr.com



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What Makes a Family Strong?



## Regency Book Fair



Regency Spring Book Fair starts on Monday,

April 11 at 10:05 a.m. and closes on Friday, April 15

at 12:00 p.m. Debit Machine available. Hours are: Monday—Wednesday 10:05-4:00 p.m.
Thursday 10:05—7 p.m.

Friday 10:05-noon.

The more that you read, the more things you will know. The more that you learn, the more places you will go. --Dr. Seuss

## Regency Runs for Autism Awareness



April is Autism Awareness month. Let's join together and help raise awareness and funds for Autism Ontario by participating in a Virtual Race.

Autism Ontario (AO), and Autism Awareness bring support to families who struggle every day with the challenges and the triumphs that come with raising an Autistic child. They host events for families of Autism, to give them a safe place to go where everyone can be themselves without fear of judgment or reproach, in an environment tailored to the needs of neuro-atypical people. They give the families the tools needed to advocate for their children in the schools, and in our community, and they encourage parents to never stop striving for the best possible lives for their kids. On Friday, April 29 at 9:25am, Regency will be going on a run around the

school and community. We will end our run with a healthy treat of veggie sticks and bananas provided by Healthy Schools. We will be selling bracelets for a minimum donation of \$1 each, starting April 15th. These bracelets will sell on a first come first served basis with limited quantities. All proceeds will be donated



#### Class Placement Information and Requests

As the final term continues, we will be making decisions later this spring regarding class placements for next year. When organizing classes, we take into account many important factors to provide an optimum learning environment. These include: class size, student performance levels, gender and special needs. The following criteria will be used to determine student placement:

Academic Ability:
To ensure that all classes contain a balance of students with varying

abilities. <u>Learning Styles:</u> To ensure that specific student needs (learning styles, organizational skills, work habits and behaviour) are addressed. Special Educational Needs: To ensure that placement maximizes support and opportunities for success. Maintaining Peer Groupinas:

Students, where possible, will be placed to maintain positive peer support.

While we make no guarantees, we do our best to meet requests.

Please submit requests not later than April 22nd, 2016.

#### Are you Moving?

Please let us know if you are planning a move.
This information helps us immensely when planning for next year. Please notify the school office, or send a note in with your child as soon as possible.





# THY LIFESTYLE PAGE Corner

#### **Get Fit and Reduce your Carbon Footprint**

Spring into Spring and make walking a regular part of your day! Cars are the largest source of greenhouse gases and other air pollutants. Each day Canada's 14 million cars lead to:

Greenhouse gas emissions that cause climate change. A recent study found that over 45 per cent of Canada's habitat could be lost by the end of this century due to climate change.

Premature deaths of up to 16,000 Canadians each year. Tens of thousands more suffer from respiratory ailments such as asthma that are associated with and aggravated by air pollution. More smog days coupled with more heat waves.

#### What can I do?

Try leaving your car in the driveway for just one trip a week. Walking and jogging are simple alternatives to driving and great ways to get in shape. Consider these tips before you take the first step:

**Make a plan**. The average pedestrian can walk one kilometre in 10 minutes so estimate how far you'll need to walk and how long it will take to get there.

**Get fit.** Thirty minutes of walking per day cuts the risk of heart disease by up to half, and reduces the risk of some cancers, diabetes, obesity, and osteoporosis.

**Learn more.** Walking is a great way to get to know your neighborhood and community. In addition the pace of walking is conducive to visiting or contemplation.

What about the kids? Getting your kids off the couch and outdoors doesn't need to be painful. Share what you've learned about the environmental and health benefits and get them involved in planning a car-free day. They might enjoy working on a project with you and you'll spend quality time together.

## The Regency Run

The Regency Run is a group, morning run, aimed at harnessing exercise to help kids focus, learn and remember. The idea of students running together, regularly in the morning, grew out of a research project that Regency participated in, in 2011. The idea was inspired by reading John Ratey's book, Spark. A past Regency teacher, Jennifer Burt, spearheaded this research, and Mrs. Moffitt's class named it Fit4Life. Following the yearlong fitness program, significant improvements in the student's school work. attendance, behaviour and self-esteem were noted by

both Mrs. Moffitt & Ms. Burt and most importantly by both the students and their parents. These positive results convinced the entire school to adapt these morning workouts. Since then, participation in the weekly run has grown from one class to over 10 classes, ranging from Junior Kindergarten to Grade 6. On average, over 150 staff and students hit the streets. running around their school community. The goal is to run 2 km. Both teachers and students alike find the benefits of running quite immediately upon their arrival back at school. Their students are more attentive, productive, motivated and ready to 'get

down to business'. Lauren's words (a Grade 6 student) best sums up the success of the Regency Run...."I'm so happy to go to Regency and run because running wakes me up in the morning and I feel refreshed and ready to learn." What more could a school ask for but eager, motivated, healthy and active students, ready to meet the challenges of the day. Our first Regency Run, for 2016, will take place on Wednesday, April 6<sup>th</sup>. It will continue, every Day 4, at 8:30 a.m. (weather permitting). Parents are welcome to join us as we continue to have fun and get fit at Regency.

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## York Region District School Board Summer Camps



The York
Region District
School Board
Summer Institute is a pro-

gram that offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum for children and youth entering Senior Kindergarten to Grade 8.

Programs are offered at in Richmond Hill, Markham, Stouffville, Newmarket, Woodbridge, Vaughan and Georgina from 9:00 am -3:30 pm Summer Institute Locations Map.

YMCA Before and Aftercare Registration; programs available at all locations

Weekly Sessions July 4, 2016 to August 12, 2016 For registration information and to see what types of exciting programs are being offered this summer, please visit www.yrdsb.ca and select programs and services.
For additional information please email performanceplus.si@yrdsb.ca or call 905-884-2046 ext. 241.





Budding flowers, sprouting trees Chirping birds and buzzing bees

Daffodils blossom, grass starts to grow, Little hints of Springtime are beginning to show!



The Education Quality Accountability Office has set the dates from May 26-June 6 as the period in which our students are to complete the EQAO assessment.

## **EQAO** Testing

Grade 3 and Grade 6s are May 26-29.

The Regency Acres' staff members will be administering the test throughout this period with our grades 3 and 6 students. We ask that parents of these students ensure that the testing period be free from appointments.

This will enable us to gather a complete set of data for each child.

Your support is appreciated.

Volunteer Tea

## Safety in Our School

REMINDER: A reminder to visitors to please sign in and take a sticker at the office. We also ask that you use the front doors of the school when leaving at all times of the day. Thank You.



Each year, the Staff of Regency Acres P.S. takes time to thank all those parents and community members who volunteer their time to help make the school year extra special. Whether helping to tie skates, shelve books, photocopy and create work materials, organizing hot lunches, or working directly with our students, our volunteers work hard and are truly appreciated. This

year, we will be having our Volunteer Breakfast, from 7:45 to 8:30 a.m. on Wednesday, April 13 to thank our volunteers. Invitations will be sent home on Monday, April 6. If you volunteered this year and do not receive an invitation, please contact Mrs. Claus at the school so that we can make sure that your hard work and dedication

can be acknowledged.





## In and Around Regency Acres

The Big "Crunch" Ms. Zsebik and Mrs. Thomas' classes



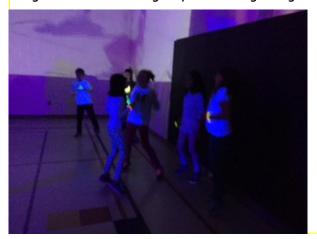








MISSION ACCOMPLISHED! Thanks to the tremendous fundraising efforts of our students, the Dance-A-Thon target was met and Regency WILL be getting a brand new Electronic Scoreboard! Way-to-go Regency!





## News from School Council

Our first ever Dance-A-Thon hosted by Professor Jamz was an amazing success and the students had a great time! Thank you to everyone who donated prizes. The kids are so excited! They will be drawing for the prizes on April 6th.

### **APRIL EVENTS:**

shows.

Regency Acres PS has organized its 3<sup>rd</sup> annual clothing drive with Bag2School. Drop of dates at the school are:

> Wednesday, April 13, 2016: 8:15 a.m. – 4 p.m. Thursday, April 14, 2016: 8:15 a.m. – 4 p.m. Friday, April 15, 2016: 8:15 a.m. -12 p.m.

We will be hosting our second FREE Movie Night at RAPS on Friday, April 22nd. Movie titles will be announced shortly. Get comfy, bring a pillow and blanket and come have some fun celebrating Earth Day with your friends. Doors will be open at 6:30 p.m. and the movies will start

at 7 p.m.\*. Juice and popcorn will be sold before the

## \*PLEASE NOTE ALL CHILDREN (OR SMALL GROUPS) MUST BE ACCOMPANIED BY AN ADULT

You will also be able to purchase a stainless steel Regency Acres' water bottle for only \$5! What a great way to help save the planet!

The next School Council Meeting will be Wednesday, April 20th, at 7 p.m. All parents are welcome to attend. Minutes from the meetings are available on the school website.

> Joan Lash & Lynn Pearson Co-Chairs, Regency Acres School Council